



Yoku Ido

On Line Schedule

Head Instructor: Sensei Gregg Skoryk



	October 2020	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Children's Classes								
	Children's Review	5 – 6pm		5 – 6pm			Fitness Class TBA	
	All Ages							
	Beginners	TBA						
Adult Classes	Beginners	TBA						
	All Kyu Belts	6:30-7:30pm		6:30-7:30pm				
	Black Belts		6:30-7:30pm		6:30-7:30pm			
	All Belts						Fitness Class TBA	
	Tai Chi	7:45-8:45pm						

The Person Who Thinks Of Doing Something Is Usually Passed By Someone Already Doing It

May Your Hopes Not Be Half Fears